

City of Fort Walton Beach Recreation Department  
Adult Basketball Leagues

**LEAGUE:**

Games will be played at the Fort Walton Beach Recreation Center on Tuesday and/or Thursday nights.

Game times will be 6:15, 7:15, and 8:15pm.

Each team must have 4 players to start a game.

There will be a 5 minute grace period before a forfeit and the game is called.

There must be at least 4 teams to start the league.

The league champion will be determined by an end of the season single elimination tournament.

The league will follow the FHSAA rules with a few local bylaws.

Officials will be assigned by the recreation department.

**FEES:**

Each team must provide a \$200 sponsor fee before they can be placed in the league.

Each individual must pay a \$20 (\$10 with proof of FWB city limits residency) player fee before they are eligible to play. Falsification of an address by any player will result in forfeiture of all games in which that player has participated.

**ELIGIBILITY:** (Failure to abide by the eligibility rules will result in the forfeiture of all game in which they were broken)

All players must complete and sign a waiver and turn it into the Recreation Department with their individual fees before they are eligible to play. Teams may add players during the season, but all players must play at least 3 games to be eligible for the end of season tournament.

The league is open to Men and Women. Participants must be 35 years old for the 35+ League and 16 for the Open or Church League.

Church League teams may have up to 3 non-members on their roster, and they must be identified to the scorekeeper prior to each game. Only 2 non-members are allowed in the game at the same time.

A player may be released from or drop from a team at any time, but must wait until the following week before they are eligible to join another team. However, they cannot switch teams during the tournament.

If a player or coach is ejected, they must sit out the entire next game. If they get ejected a second time, they will be suspended for the remainder of the season.

Any player throwing a punch or participating in a fight on city property will be suspended for the rest of the current season. The Recreation Department reserves the right to suspend players for other types of unsportsmanlike behavior as well.

## GENERAL RULES:

Games will consist of 2 20 minute halves with a running clock. The clock will stop on dead balls the last 2 minutes of the game, unless a team is down by 20 points at any moment in the second half.

Each team will have 2 time outs per half. The first half time outs **DO NOT** carry over to the second half.

There will be a 5 minute half time.

Overtime will be 3 minutes with 1 extra time out and clock stoppage the last minute.

A player fouls out with 5 personal fouls.

Free throws will be 1 & 1 on the seventh team foul per half and 2 shots on the tenth team foul.

## TEAM CAPTAIN:

The team captain is the official representative of the team.

The team captain is responsible for the eligibility and conduct of the players on the team.

Make sure all players know that accident insurance is not provided and they must play at their own risk.

## UNIFORMS:

Each team must provide their own uniforms with numbers on their shirts. Each player must be in their uniform before they can enter the game.

All players must wear non-marking athletic shoes.

No jewelry is permitted. Simple, non-invasive wedding bands can be worn at player's own risk.

## TROPHY:

The league champion will receive a championship trophy.

## SPORTSMANSHIP:

The purpose of these leagues is for recreation, socialization, and FUN. Let's all participate with these objectives in mind, so we can have the kind of league for which it is intended.

## CONTACT:

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